

Like
Free
Stuff?



Discounts at
Your
Favorite
Stores?



Read On!

Information

Know of a
business you'd like to see
added to the program? Contact
the Coordinator of Co-Curricular
Programming & Student Activities
at 412-7200 extension 7223 or
send an email to:
sharrod@qvcc.commnet.edu

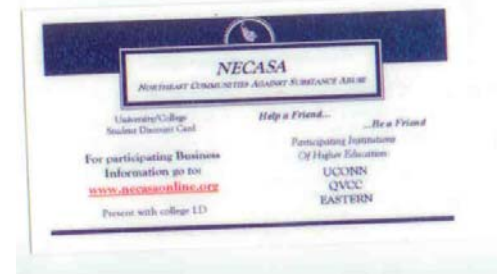
Quinebaug Valley Community College adheres to the principles of affirmative action/equal opportunity in admission and employment. The College does not discriminate against any individual on the grounds of race, color, religious creed, sex, age, national origin, ancestry, present or past history of mental disability, genetic information, marital status, mental retardation, sexual orientation, learning disability, or physical disability including, but not limited to, blindness, political beliefs, veteran status, or prior conviction of a crime, unless the provisions of section 46a-60(b), 46a-80(b), or 46a-81(b) of the Connecticut general statutes are controlling.



Quinebaug Valley Community College
Co-Curricular Programming &
Student Activities Office

742 Upper Maple Street
Danielson, CT 06239
Phone: 860-412-7200

Quinebaug Valley
Community College



NECASA

Northeast Communities Against Substance Abuse

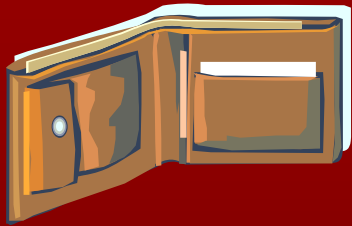
DISCOUNT CARD

discounts and

free stuff

at your favorite
area businesses

keep the card in your wallet...



...get free stuff, and save lives!

What's The NECASA Card?

The NECASA Card is a DISCOUNT CARD for students. When presented with a valid QVCC I.D., students can receive special discounts at some of their favorite stores!

What's so great about it?

Keeping the card in your wallet not only guarantees that you will have it handy to use at stores, but the card also has a list of helpful hints about signs of alcohol poisoning.

For a list of participating businesses, go to:

www.necasaonline.org

My community commitment:

I will...

Respect the right of other people to celebrate safely.

Immediately contact emergency personnel if someone shows signs of injury or alcohol poisoning.

Drive sober or ride with a sober driver.

Obtain consent for any sexual activity I initiate.

My body can only process one drink per hour so I will pace myself to reduce dangerous situations such as alcohol poisoning, fights, and sexual victimization.

RECOGNIZING ALCOHOL POISONING

- Eyes roll back in the head
- Skin is clammy
- Skin color change
- Breathing is shallow
- Heart rate is slow
- Vomiting while passed out
- Cannot be awakened from their passed-out state

If any of these symptoms are present:
Don't Wait!

Call 911
